

Reeling & Healing Midwest

Fly Fishing Wellness Retreats for Women Battling or Surviving Cancer



2024 Retreat Schedule



Michigan Fly Fishing Wellness Retreats

Sunday, August 4th - Tuesday, August 6th
Au Sable River, Grayling, MI

Sunday, August 11th - Tuesday, August 13th
Au Sable River, Grayling, MI

Sunday, August 18th - Tuesday, August 20th
Au Sable River, Grayling, MI

Sunday, August 25th - Tuesday, August 27th
Au Sable River, Grayling, MI

REGISTER NOW!

For More Information Visit Us at FishOn.org or Phone Us at 616-855-4017

In the fishing world, you often hear **"Fish On!"** when a fish is hooked.

It marks the beginning of a battle with something wild and unknown. To women battling, surviving, or living with cancer, who have participated in our fly fishing wellness retreats, it means much more.

To them, "Fish On!" is a statement of action. "Fish On!" means I will embrace life and thrive in my survivorship. It means I will continue fighting. Continue healing. Continue living.

We are **Reeling & Healing Midwest** and our unique fly fishing wellness retreats bestow the "Fish On!" spirit to women battling and surviving cancer. We focus on creating ways to apply the amazing art of fly fishing to encourage cancer survivors on their journey toward physical, emotional and spiritual healing.

Reeling & Healing Midwest is a 501(c)(3) non-profit organization championing fly fishing wellness retreats for women battling or recovering from cancer.

Our mission is to introduce these women to the healing powers of fly fishing by providing a one-of-a-kind experience, on and off the river, which renews their spirit and hope through the combined elements of fly-fishing, nature, peer coaching, positive camaraderie and support.

Retreats are led by professional facilitators and certified fly-fishing instructors. The cost for a new participant to attend a retreat starts at \$40. All equipment, lodging and meals are provided. Scholarships are available. No prior fishing experience is required.

Renew Spirit. Renew Hope.

FISH ON with Us!

FishOn.org

616-855-4017

info@FishOn.org



Hello from Reeling & Healing Midwest

PLEASE SHARE WITH A SURVIVOR!

2024 NEW PARTICIPANT RETREATS HAVE AVAILABILITY

Registration for our 26th summer of fly fishing wellness retreats for women diagnosed with or surviving cancer is open! Please help get the word out about these amazing retreat programs!

Share this information with...

- Women battling, surviving, or living with any type of cancer
- Cancer support groups
- Doctors, nurses, radiologists, advocates & patient care specialists

We invite survivors to take the plunge and join us for some fun, renewal, joy, peace, and the opportunity to learn to fly fish in a safe and positive environment.

Our retreats are open to women, 18 years or older, who are battling, surviving, or living with ANY type of cancer and have not attended any of our retreat programs. From newly diagnosed to a 20+ year survivor, all are welcome.

We have openings on the following retreat dates:

MICHIGAN

Grayling, MI - Au Sable River

- Sunday, August 4th - Tuesday, August 6th
- Sunday, August 11th - Tuesday, August 13th
- Sunday, August 18th - Tuesday, August 20th
- Sunday, August 25th - Tuesday, August 27th

Arrival is between 4:00 pm and 5:00 pm on the first day of the retreat. Retreats end by 1:00 pm on the third day.

We provide riverside lodging, all meals, snacks, beverages, equipment, instruction and more. Cost is \$40 commitment fee and \$8.00-\$10.00 for a fishing license (depends on age and residency).

Approximately 95% of the women who participate have never fly fished. Also, 80% attend on their own, others participate with a fellow cancer survivor.

Wading is relatively easy with clear water at knee-level and a rock and sand riverbed.

Need more details? Have questions or concerns? Call 616-855-4017, email info@ReelingandHealing.org, or visit FishOn.org.

Renew Spirit. Renew Hope. Fish On!

